

DISCUSSION GUIDE QUESTIONS CONTINUED

- a) How do the verses on the first page highlight why getting rid of guilt and shame is so important?
 - b) Which of these verses is hardest for you to accept and why?
2. One of the surest ways to stay stuck is to not take a look at our own life and acknowledge we may be causing the problem. What behaviors do you see in the following verses that may keep people in a victim role and how do we stay stuck in similar ways today?
- Exodus 32:19-24
1 Samuel 15:10-23
3. The Apostle Paul (an ex-terrorist who used to capture and kill Christians) is a great example of God using someone's past for a greater purpose. Despite some trying circumstances, Paul's perspective was that his past could be useful to God's plan and purpose. How do we see Paul using his past as a tool for God that we could similarly apply to our life today?
- Philippians 3:12-14
Philippians 1:12-14
1 Timothy 1:12-17
4. How does the way Paul used his past differ or align with how you use yours?

BRINGING IT HOME

1. Looking back at this week's teaching, is there an event from your past you'd like to make useful to God in the following weeks?

WELCOME

THE STORYLINE | GUILT AND SHAME

SEPTEMBER 23/24 | JOHN 4:1-42

CHRIS BROWN | NORTH COAST CHURCH

Chris Brown is our special guest video speaker this weekend. You'll notice our discussion guide looks a little different, using his format.

DISCUSSION GUIDE

FOR STARTERS

1. Looking back at your notes from this week's teaching, was there anything that particularly caught your attention, challenged you, or raised questions?
2. If you had to make an "ultimate mix tape" what bands or songs would be on your playlist? What one or two bands or songs would you eliminate from history if you were given the choice?
3. What's your first reaction when you hear that in spite of our past, we are loved by God and have purpose?

DIGGING IN

1. For some of us, guilt and shame are a part of our past that still influences us today. This can cause us to ignore our past or keep it hidden to try to avoid it. Ironically, one of the cures for our guilt and shame can be the thing we're most intimidated to do - expose it. How do the following verses detail what illuminating guilt or shame looks like?

Psalms 32:5

Psalms 51:1-2

Proverbs 28:13

James 5:16

DISCUSSION GUIDE CONTINUES ON BACK 

MESSAGE NOTES

MESSAGE NOTES

IT'S TIME TO FACE THE MUSIC

John 4:1-42

John 21:15-19

1. Not dealing with the **past** robs us of our **future**.

HOW TO DEAL WITH OUR PAST

1 John 1:9

1 John 2:1-2

Luke 19:10

Hebrews 7:24-25

1 Peter 2:24

Romans 8:1-2

Romans 7:24-25

John 10:10

1 Timothy 2:5-6

Revelation 12:10

1 Peter 5:8

1. We will have to **face the truth**.
2. We will have to **accept the truth**.
3. We will have to accept **grace**, not **guilt**.

HOW TO MOVE FORWARD

Revelation 12:10-11 John 8:31-32

Ephesians 5:8

Galatians 5:1

1. Our past **will be** Satan's **greatest weapon**, or God's **most powerful tool**.

Belonging to a small group is a great way to grow spiritually. If you would like to join a group or get more information, contact Deanna Wheeler at dwheeler@doorcreekchurch.org