

# DISCUSSION GUIDE

ROAD BLOCKS | GUILT/SHAME

FEBRUARY 2/3 | GENESIS 3:7-13; ROMANS 8:38-39

## FOR STARTERS

1. Looking back at your notes from this week's teaching, was there anything that particularly caught your attention, challenged you or raised questions?
2. Share one embarrassing story from either middle or high school.

## DIGGING IN

1. Read Genesis 3:7-13. How do we see the man and woman experience shame?
2. What is the significance of clothing (or lack of) in Genesis 2:25 and this passage?
3. Guilt says, "I did something wrong," but shame says, "I am something wrong." How is the gospel good news on both accounts?
4. Read Romans 8:33-34; 38-39. What do we learn about God's love? Do you find that hard to believe?
5. Read John 21:15-17. How does Jesus' grace overcome Peter's shame?

## BRINGING IT HOME

**Note:** You may want to consider splitting up by gender for this part if you are in a mixed group.

1. Do you find it hard to be vulnerable? Why?
2. What is your natural response to feeling shame and do you have people you can be vulnerable with?

# MESSAGE NOTES

SERIES:

TITLE:

SCRIPTURE:

Belonging to a small group is a great way to grow spiritually. If you would like to join a group or get more information, contact Bri Morrison at [bmorrison@doorcreekchurch.org](mailto:bmorrison@doorcreekchurch.org).