

# Door Creek Church | Devotional Plan

## Wednesday, April 1

### Psalm 55:2 | It's What We Do With Them That Matters

*Cast your cares on the Lord and He will sustain you, he will never let the righteous be shaken.*  
*Psalm 55:2*

We've heard, and maybe been guilty of, hoarding certain commodities at the grocery store - yes, toilet paper for one. My friend John told me last week a story his mom told him of her childhood. She grew up in Nazi occupied Norway. During the war, her family used only **one** roll of toilet paper and only when company came over. She went on to say, "We used the Nazi propaganda newspaper the rest of the time - my mother told us it was the only thing it was good for."

**If we aren't careful, we will hoard our fears, worries and anxiety and that will ruin us.** This Psalm tells us not to hoard the cares of this world - throw them over to God - we aren't strong enough to carry them.

Just so we are clear, casting cares isn't a one-time act, it's a moment by moment practice. It's what Paul calls "praying without ceasing" (1 Thessalonians 5:17). This week's message and meditation calls us to hand off our anxiety with thanksgiving (Phil 4:6-7). Thanksgiving is crucial. **When we pray with thankful hearts, our focus is on God's character not our circumstances, His faithfulness, not our flittering hearts.** Giving thanks becomes the channel where our fears are swapped with God's perfect, heart protecting peace!

**Do it right now** - "Lord I'm giving you my anxiety over \_\_\_\_\_, I thank you God that you know my anxious thoughts and are bigger and stronger than my fears. Thank you for caring about my cares, thanks for being my refuge and strength in this day of trouble."

**May God sustain you, keep you on your feet as you stay "on your knees" giving God every care remembering that He cares for you.**

*And the God of all grace, who called you to His eternal glory in Christ, after you have suffered a little while, will Himself restore you and make you strong, firm and steadfast.*

*To Him be the power for ever and ever. Amen. 1 Peter 5:10-11*